



*Diana Kgekong Physiotherapy*

*Founder and CEO*

*Physiotherapist (BSc. Physio & MPhil.  
Sports & Exercise UCT)*

## COMPANY PROFILE



Diana Kgekong is a qualified physiotherapist with a masters degree in "sports and exercise physiotherapy" from the University of Cape Town. She is also a published researcher in the field of physiotherapy. Diana started "Diana Kgekong Physiotherapy" to bridge the gap between clients in need of physiotherapy services and the physiotherapist. We understand that our society is ever changing and now more than ever time is a precious commodity. We want to save our clients travel time by bringing quality and specialized physiotherapy services to our clients in the comfort of their homes. We believe in client centered care as well as holistic care. Additionally, we believe that treatment in the home where the therapist can consider the client's space and potential barriers to recovery will have a positive impact on

the effectiveness of treatment. Our goal is to provide our clients with evidence based and quality care that will restore them to full and pain free function as soon as possible.

## VISION

Diana Kgokong Physiotherapy has a vision to provide client centered and evidence-based physiotherapy services that will enrich life and promote good health.

## MISSION

Diana Kgokong Physiotherapy endeavors to serve the public and raise awareness about physiotherapy by improving access to physiotherapy services through offering home-based treatments and telehealth services in South Africa.

## VALUES

Our values are core to how we approach each client, the multidisciplinary team and stakeholders. Our values are centered on integrity & accountability, excellence, personal development & growth as well as sustainability.

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### INTEGRITY & ACCOUNTABILITY

The nature of our work as healthcare professionals requires us to be ethical and take full accountability for our actions. We value the Hippocratic oath and commit ourselves to uphold it completely.

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### EXCELLENCE

Our clients are at the center of everything that we do, all our efforts are put together to offer the best services to our clients. Additionally, our therapeutic services are research based and best practice.

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## PERSONAL DEVELOPMENT & GROWTH

Diana Kgekong Physiotherapy is registered with the Health Professions Council of South Africa (HPCSA), South African Society of Physiotherapy (SASP) and the Board of Health Funders (BHF). We are passionate about continued professional development and being involved in various activities through the professional boards. Additionally, Diana Kgekong is involved in physiotherapy education through Wits University and is a published author in the South African Journal of Physiotherapy (SAJP).

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## SUSTAINABILITY

Since the COVID-19 pandemic the entire world has been living under unprecedented times. The pandemic has taught us that nothing is ever set and stone. We are living in a world that is ever changing and evolving. Therefore, we are always willing to be flexible and do all that is required to keep up with new demands.

## SERVICES



TELEHEALTH



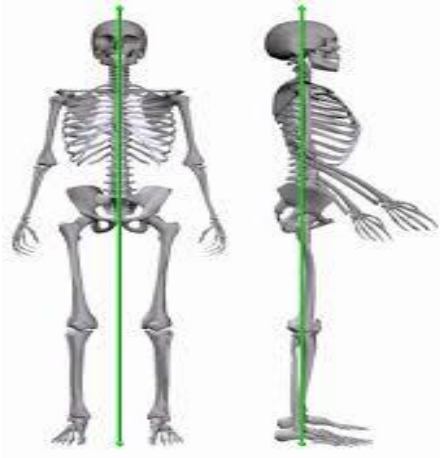
DETAILED  
ASSESSMENT &  
TREATMENT



MANUAL  
MOBILISATION



PRE & POST  
OPERATIVE  
TREATMENT



MOVEMENT &  
POSTURAL  
CORRECTION



CORE ACTIVATION  
&  
EXERCISE  
PRESCRIPTION

## TESTIMONIALS



“Diana Kgekong is simply the best physiotherapist in Johannesburg. The professionalism, superb service, support, treatment and care I received throughout was impeccable. My whiplash injury is completely gone, I’m totally fine now. I wouldn’t hesitate to recommend her.” **Manaka Ramukuvhati**

“I’ve had back issues for years, so I finally decided to see Diana for some professional assistance. After our session and check-ins, I’ve had a huge improvement and learnt techniques to protect my back to prevent future problems. I would definitely recommend :)” **Camagu Mashe**



“I am 51yrs old and recently fell and twisted my left knee injuring ligaments, meniscus as well as dislocated my knee. It was reported as the worst injury and that it will take a year to recover but after three months of the injury, still using crutches, I started physiotherapy sessions twice a week. Within 4 weeks i had an amazing recovery and started walking without crutches. Now I'm absolutely healed. If anyone is experiencing knee pain and needs physiotherapy I confidently recommend Diana Kgekong.”  
**Yvonne Rametse**

I had recurring back pain for months (still not sure how it started but possibly gym injury) and immediately after my first consultation with Dr Diana Kgokong I could feel the difference. The service was professional and payment was seamless, I was happy that she claimed from Medical aid on my behalf, a lot of specialists want upfront payment but she was willing to go the extra mile. Took time out of her busy schedule to assist with practical gym exercises that i could also do at home and they've aided in my swift full recovery. After two sessions with her I was able to go back to gym and haven't had the pain again." **Betty Madiba**

*Get in touch*

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WE ARE AFFILIATED WITH

